

CADE
Carolina Aerial and Dance Exchange
Friday, August 10
9315-E Monroe Road, Charlotte, NC 28270

	Studio 1	Studio 2	Studio 3	Lobby
6:00 PM				
6:15 PM	Shapeshifter: Transforming Classic Moves into Undiscovered Creatures Int/Adv April Skelton 16 6:00pm - 7:30pm	Sling All Levels Sarah Small 8 6:00pm - 7:30pm	Lyra Int. Rachel Strickland 8 6:00pm - 7:30pm	Anatomy for Movers - Upper Body All Levels Amy Ell 12 7:45pm - 9:15pm
6:30 PM				
6:45 PM				
7:00 PM				
7:15 PM				
7:30 PM				
7:45 PM	Contemporary Ballet Repertory All Levels Skyla Caldwell 16 7:45pm - 9:15pm	Beat It! (Rope Beats) Int. Jill Scheidt 8 7:45pm - 9:15pm	The Buttermelt Workshop: How to stop posing and start being fascinating** All levels Rachel Strickland 8 7:45pm - 9:15pm	
8:00 PM				
8:30 PM				
9:00 PM				
9:15 PM				

**Students must take all 3 classes in this series.